

How to Measure?

To choose the correct size for you, measure your body as follows:

1. CHEST

Measure under your arms around the fullest part of your chest.

2. WAIST

Measure around natural waistline, keeping the tape a bit loose.

3. HIP

Measure around the fullest part of your body at the top of your leg.

4. HEIGHT

Between two sizes?

Do you like a tight fit? Go for the smaller size. Prefer the looser fit? Go for the larger size.

We offer two cuts for men's cycling jerseys -RACE CUT is a tighter, shortened, closer fitting cut. CLUB CUT is a longer more relaxed fit.



MEN'S SIZING

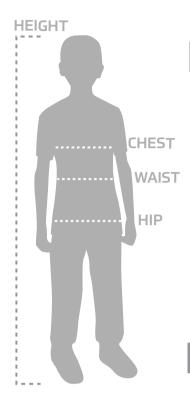
	Height (cm)	Chest (cm)	Waist (cm)	Hip (cm)	
X Small	165 and under	84 - 89	66 - 71	84 - 89	
Small	163 - 173	89 - 94	71 - 76	89 - 94	
Medium	170 - 180	97 - 102	76 - 81	97 - 102	
Large	178 - 188	102 - 107	81 - 86	102 - 107	
X Large	185 - 195	107 - 112	86 - 91	107 - 112	
2X Large	191 and up	112 - 117	91 - 97	112 - 117	
3X Large	191 and up	117 - 122	97 - 102	117 - 122	
4X Large	191 and up	122 - 127	102 - 106	122 - 127	

WOMEN'S SIZING

	Height (cm)	Chest (cm)	Waist (cm)	Hip (cm)
X Small	157 and under	76 - 81	56 - 61	79 - 84
Small	155 - 165	81 - 86	64 - 69	86 - 89
Medium	163 - 173	86 - 91	69 - 74	91 - 97
Large	170 - 180	91 - 97	76 - 81	99 - 104
X Large	178 and up	99 - 104	84 - 89	107 - 112
2X Large	178 and up	104 - 109	91 - 97	114 - 119
3X Large	3X Large 178 and up		97 - 102	119 - 127
4X Large 178 and up		114 - 119	102 - 107	127 - 131

This size guide is intended for reference only and sizing may vary according to the style, fabric and fit of the actual garment. For more information or to see some sizing samples, please contact us on 0203 786 4310

CHILDREN'S SIZE GUIDE



For children's **triathlon suits** we advise that you size up as the garments are closer cut.

How to Measure?

1. CHEST

Run a flexible tape measure across the fullest area of the chest, holding the tape measure horizontally

2. WAIST

Wrap the tape measure around the narrowest part of the waist, keeping the tape horizontal

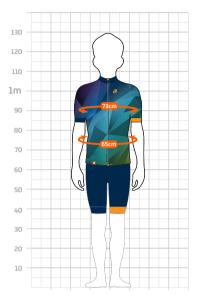
3. HIP

Measure around the fullest part of your body at the top of your leg.

4. BODY HEIGHT

Between two sizes

Do you like a tight fit? Go for the smaller size. Prefer the looser fit? Go for the larger size.



Rider One

- Rider is 130cm tall has a chest measurement of 73cm and a waist of 65cm.
- Rider wears a size medium Tech Lite Jersey and medium Tech Bib Shorts.

UNISEX CHILDREN'S SIZING

SIZE	Height (cm)	Chest (cm)	Waist (cm)	Hips (cm)
X Small	122 - 128	67	61	71
Small	134 - 140	72.5	63.5	76
Medium	146 - 152	76	65	81
Large	158 - 164	81	67.5	86.5
X Large	166 - 169	86.5	72.5	91.5

This size guide is intended for reference only and sizing may vary according to the style, fabric and fit of the actual garment. For more information or to see some sizing samples, please contact us on 0203 786 4310

FIT COMPARISON



APEX

If you want the best, most Technical, aerodynamic and fastest Kit. **Apex** is intended for athletes who want the best with all the features. These garments are form fitting for best performance.



PERFORMANCE

You want fast, technical and comfortable do it all garments **Performance** is the way to go. The best balance between performance quality, and comfort.



TECH

If you want affordable quality and the right fit. The **Tech** range offers quality entry level garments with great features at a competitive price. Perfect for your next event.

If you prefer a slightly longer, looser garment, you can opt for **club cut**. If you're a whippet, seeking a close fit opt for **race cut**. Our entire range is available in a **women's cut** also, to allow a comfortable but tailored fit for the ladies in your club.

FIT COMPARISON - MEN'S







Rider One

- Rider One is 165 cm tall, has a chest measurement of 86cm and a waist of 82cm
- Rider One wears a size small Apex Jersey in race cut and small Apex Bib Shorts in standard length.
- Long length (extra 1.5 inch) can be specified at no extra cost.
- Extra long length (extra 2.5 inch) can be specified at no extra cost.
- If you prefer a looser fit, you can specify club cut in all but our Apex Aero Jersey.

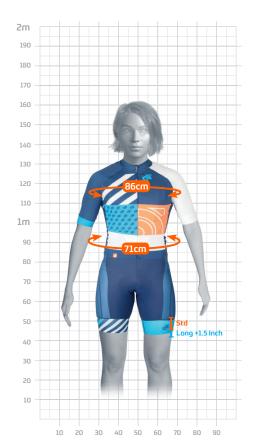
Rider Two

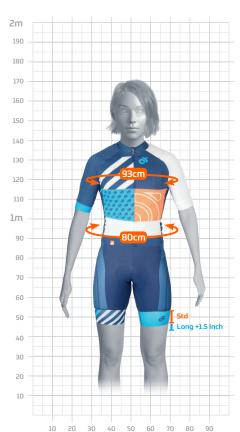
- Rider Two is 175cm tall has a chest measurement of 93cm and a waist of 88cm
- Rider Two wears a size medium Apex Jersey in race cut and medium Apex Bib Shorts in standard length
- Long length (extra 1.5 inch) can be specified at no extra cost.
- Extra long length (extra 2.5 inch) can be specified at no extra cost.
- If you prefer a looser fit you can specify club cut in all but our Apex Aero Jersey.

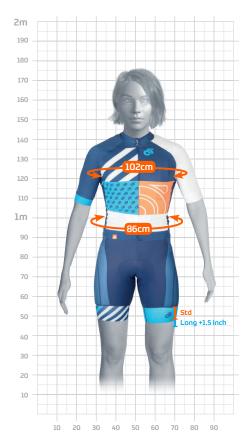
Rider Three

- Rider Three is 182cm tall, has a chest measurement of 109cm and a waist of 89cm
- Rider three wears a size xlarge Apex Jersey in a race cut and xlarge Apex Bib Shorts in long length.
- Long length (extra 1.5 inch) can be specified at no extra cost.
- Extra long length (extra 2.5 inch) can be specified at no extra cost.
- If you prefer a looser fit you can specify club cut in all but our Apex Aero Jersey.

FIT COMPARISON - WOMEN'S







Rider One

- Rider One is 160 cm tall, has a chest measurement of 86cm and a waist of 71cm
- Rider One wears a size medium Apex Jersey in women's cut and medium Apex Bib Shorts in standard length.
- Long length (extra 1.5 inch) can be specified at no extra cost.
- •• Extra long length (extra 2.5 inch) can be specified at no extra cost.
- If you prefer a looser fit you can specify club cut in all but our Apex Aero Jersey.

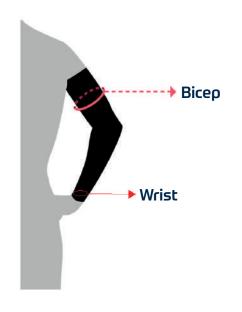
Rider Two

- Rider Two is 170cm tall has a chest measurement of 93cm and a waist of 80cm
- Rider Two wears a size large
 Apex Jersey in women's cut and
 large Apex Bib Shorts in long
 length
- Long length (extra 1.5 inch) can be specified at no extra cost.
- Extra long length (extra 2.5 inch) can be specified at no extra cost.
- If you prefer a looser fit you can specify club cut in all but our Apex Aero Jersey.

Rider Three

- Rider Three is 175cm tall, has a chest measurement of 102cm and a waist of 86cm
- Rider Three wears a size xlarge Apex Jersey in a women's cut and xlarge Apex Bib Shorts in long length.
- Long length (extra 1.5 inch) can be specified at no extra cost.
- Extra long length (extra 2.5 inch) can be specified at no extra cost.
- If you prefer a looser fit you can specify club cut in all but our Apex Aero Jersey.

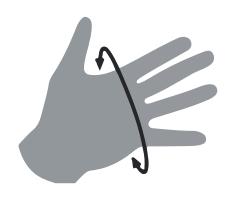
SIZE GUIDE - WARMERS & GLOVES



Size	1. Wrist (inch)	2. Bicep (inch)
XS	6	11
S	6.5	12
М	7	13
L	7.5	14
XL	7.75	15

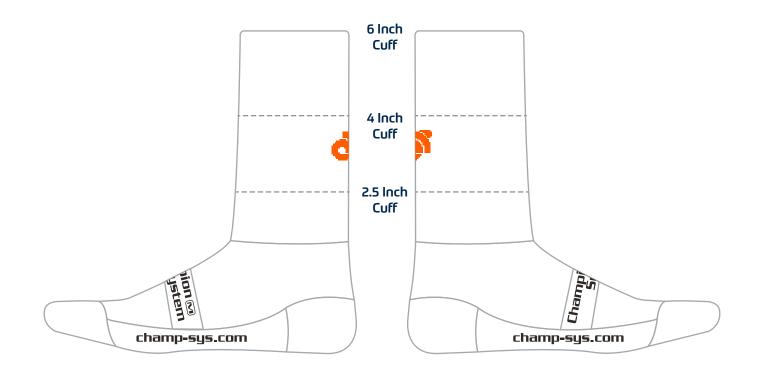


Size	1. Thigh (inch)	2. Inseam (inch)
XS	20	30 or less
S	21	31
M	22.5	32
L	24	33
XL	25	34



Hand Circumference without Thumb				
	(cm)			
XS	6 - 7	16 - 18		
S	7 - 8	18 - 20		
М	8 - 9	20 -23		
L	9 - 10	23 -26		
XL	10 - 11	26 - 28		

SIZE GUIDE - SOCKS & SHOE COVERS



Sock Guide			Shoe Cover Guide		
Size	UK	EU	Size	UK	EU
5	4 - 6	37 - 39	S	3 - 4	36 - 37
М	7 - 8	40 - 42	М	5 - 6	38 - 40
L	9 - 10	43 - 45	L	7 - 8	41 - 42
XL	11+	46+	XL	9 - 10	43 - 44